# What's on the menu?

# HARRISON food with thought

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NE NE	Macaroni Cheese (Wheat, Milk) with a Chef's Salad Carrot & Leek Pinwheel	Smoky BBQ Style Chicken (Sulphites) Served with Rice Chickpea & Vegetable Chow Mein	Beef Bolognese Served with Penne Pasta (Wheat) Or Rice	Chicken Korma with Pilau Rice  Jacket Potato with Cheese (Milk)	Battered Fish Fillet (Wheat, Fish) Served with Tomato Sauce & Chips Or New Potatoes Butternut Squash, Sweet Pepper
WEEKO	(Wheat) Served with Potato Salad  Carrots / Broccoli  Ice Cream (Milk) with Watermelon Wedges	(Wheat, Egg, Soybeans)  Sweetcom / Savoy Cabbage  Marbled Sponge (Wheat, Egg, Milk)  Served with Chocolate Sauce (Milk)	Sweet Potato Stir Served with Rice Carrots / Peas Jelly with Fresh Fruit Wedges	& Baked Beans  Spiced Roast Cauliflower / Green Beans  Peach & Sultana Flapjack (Wheat, Barley, Oats) with Custard (Milk)	& Courgette Slice Served with Chips Or New Potatoes Peas / Baked Beans Lemon Shortbread (Wheat) with Orange Wedges
WEEK TWO	Tomato & Basil Pasta (Wheat) Served with Cheese (Milk) & a Chef's Salad Spring Vegetable Cottage Pie Roast Butternut Squash / Green Beans Apple Blondie with Custard (Milk)	Texan Style Beef Pizza (Wheat, Milk) with a Pasta Side (Wheat)  Baked Chickpea & Vegetable Pakoras with Apple & Mint Chutney & Rice  Sweetcom / Sauteed Courgettes  Chocolate & Orange Shortbread (Wheat) with Fresh Fruit Wedges	Lemon & Thyme Chicken Served with Oven Baked Wedges Roasted Red Pepper and Herb Jambalaya (Celery, Mustard) Broccoli / Carrots Wholemeal Carrot Cake (Wheat, Egg) with Custard (Milk)	Pork Sausages (Wheat) with Mashed Potatoes & Gravy Sweet Potato and Red Bean Sausage (Wheat) with Mashed Potatoes & Gravy Cabbage / Peas Chocolate Sponge (Wheat, Egg, Milk) With Chocolate Sauce (Milk)	Battered Fish Fillet (Wheat, Fish) Served with Tomato Sauce & Chips Or New Potatoes Sweet Potato & Red Pepper Pattie Served with a Rainbow Ribbon Salad & Chips Or New Potatoes Peas / Baked Beans Jelly with Fresh Fruit Wedges
WEEKTHREE	Pizza Margherita (Wheat, Milk) Or Garden Vegetable Pizza (Wheat, Milk) with Oven Roasted Potato Wedges Sweetcorn / Oven Baked Courgettes Berry & Lemon Sponge (Wheat, Egg, Milk) with Custard (Milk)	Pork Sausage Roll (Wheat, Sulphites) With Oven Baked New Potatoes Chickpea & Herb Pattie with a Sweet Chilli Sauce & Oven Baked New Potatoes Glazed Carrots / Peas Jelly with Peaches	American Style Beef & Macaroni Bake (Wheat, Milk) Indian Style Tikki Potato Cakes with Tomato Chutney & Turmeric Rice (wholegrain/white mix) Green Beans / Carrots Chocolate Shortbread (Wheat) with Fresh Fruit Wedges	Sweet Chilli Chicken with Rice Pasta Primavera (Wheat, Milk) Savoy Cabbage / Sweetcorn Ice Cream (Milk) with Watermelon Wedges	Battered Fish Fillet (Wheat, Fish) Or Salmon & Herb Fishcake (Fish) Served with Tomato Sauce & Chips Or New Potatoes Sweet Potato, Spinach & Bean Empanada with Chips Or New Potatoes Peas/Baked Beans Pear & Chocolate Brownie

# **Available daily**

Please ask the catering manager for food allergen information

# **WEEK ONE**

19th Feb, 11th March, 15th April, 6th May, 3rd June, 24th June, 15th July

# **WEEK TWO**

26<sup>th</sup> Feb, 18<sup>th</sup> March, 22<sup>nd</sup> April, 13<sup>th</sup> May, 10<sup>th</sup> June, 1<sup>st</sup> July. 22<sup>nd</sup> July

# WEEK THREE

4<sup>th</sup> March, 25<sup>th</sup> March, 29<sup>th</sup> April, 20<sup>th</sup> May 17<sup>th</sup> June, 8<sup>th</sup> July



Menu Items Available Daily: Salad Selection • Homemade Bread • Fresh Fruit - Yoghurt

Please see page 2 regarding allergen information provided on the menu.

with Chocolate Sauce



# **About Your Catering Service**

We are delighted to be working in partnership with Bromley Beacon Academy Bromley Founded in 1994, we are an award-wining company with a vision to encourage children to explore new tastes and make healthier food choices through their formative years, which will positively influence them for life.

#### What's on the Menu

Our approach, wherever possible, is to use quality, sustainably-sourced, seasonal fresh food, including ingredients, such as British free-range eggs and British sourced fresh meat and poultry.

Our menus are created with local tastes, preferences in mind and offer a range of popular, delicious, full of flavour dishes to encourage balanced meal choices and we follow the school food standards.

We will introduce further interest and excitement to our menus with organised additional food experiences, pop-ups, themed events with links to the school's curriculum, cultural and celebration dates, aimed at creating a fun, engaging and enjoyable dining experience.

# **Allergen Information**

We recognise that some children may have an allergen or intolerance to one of the 14 common food allergens. We have robust processes in place to assist the school in managing. For more information, please contact our Catering Manager.

# **Talented Catering Team**

The Harrison catering team are dedicated to providing a great catering service and receive training to complete their roles successfully including how to prepare and serve healthier food through the company's bespoke Eat Well Live Well<sup>©</sup> training programme.

#### We Welcome Your Feedback

We welcome and value all feedback. We regularly review our offer to continue to offer a positive dining experience for your child. Please refer your comments or suggestions to our Catering Manager.

#### Learn more

For a more in-depth knowledge about Harrison Catering, recipe inspirations, our how to videos and latest job opportunities, please visit www.harrisoncatering.co.uk

# Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore your child or the member of school staff who presents your child at the counter must check each time before being served with the food.
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, they or school member must check each time before being served with the food.

Our allergen process is written to protect the welfare of the children.







Look out for monthly featured ingredients.

